



# The 30-Day Praise Challenge

*Becky Harling*

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# The 30-Day Praise Challenge

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## **The 30-Day Praise Challenge** Becky Harling **Discover the Power of Praising God**

When Becky Harling was diagnosed with cancer over ten years ago, she begged God for healing. A friend of hers had another idea. She challenged Becky to spend twenty minutes a day in praise. Becky thought, *What if I'm not feeling thankful?* But as she intentionally praised God, she began to experience new joy—and her relationship with God has never been the same.

Now, in *The Thirty-Day Praise Challenge*, Becky guides you in praising God for twenty minutes every day for one month. Arranged topically, the book includes music selections to enhance your praise journey and creative ideas for continuing the habit of praise.

As Becky writes, “If you take this challenge, your faith will grow more than you dreamed possible. You will experience more joy, less insecurity, more courage, less anxiety. Thirty days of praising God. Are you ready?”

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Reading can called brain hangout, why? Because while you are reading a book especially book entitled The 30-Day Praise Challenge your mind will drift away trough every dimension, wandering in most aspect that maybe not known for but surely can be your mind friends. Imaging every single word written in a guide then become one application form conclusion and explanation in which maybe you never get just before. The The 30-Day Praise Challenge giving you one more experience more than blown away your brain but also giving you useful details for your better life in this particular era. So now let us present to you the relaxing pattern is your body and mind are going to be pleased when you are finished reading it, like winning a. Do you want to try this extraordinary investing spare time activity?

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