



My Mom Inez: Our Alzheimer's Journey

Bob Miller

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Alzheimer's hijacked their plans, required their full attention, and forced them to change their daily habits—their very lives—in order to accommodate its merciless, unrelenting demands. In *My Mom Inez*, author Bob Miller shares the story of his family's life against the backdrop of Alzheimer's disease. In this deeply personal and powerful account, Miller tells of his role as an only son who unexpectedly found himself in the position of having to care for his beloved mother, Inez, once it became clear she had been stricken with Alzheimer's disease. In this memoir, he narrates his struggles to understand what was happening and how he then coped with the emotional, medical, social, and economic issues her condition brings to their lives. With the family's history interwoven, *My Mom Inez* demonstrates the strength of the human spirit as Miller remains dedicated to providing the same loving care for his mother that she delivered to him throughout his life.

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