



The Practitioner Guide to Skills Training for Struggling Kids

Michael L. Bloomquist PhD

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Addressing frequently encountered emotional, behavioral, and academic difficulties, this essential guide shows how to help parents implement proven skills-building strategies with their kids (ages 5-17). The author draws on over 25 years of research and clinical practice to provide a flexible program for individual families or parent groups. The focus is on teaching kids the skills they need to get their development back on track and teaching parents to cope with and manage challenging behavior. Featuring vignettes and troubleshooting tips, the Practitioner Guide is packed with ideas for engaging clients and tailoring the interventions. In a large-size format for easy photocopying, it contains more than 60 reproducible handouts and forms.

See also *Skills Training for Struggling Kids*, an invaluable client recommendation, which guides parents to implement Dr. Bloomquist's strategies and includes all of the handouts and forms they need.

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