

Champions Find a Way: How to Become a Champion in Sport and in Life

Brandon Ruiz



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Champions Find a Way: How to Become a Champion in Sport and in Life Brandon Ruiz Becoming a champion in sport or in life doesn't just happen – it is earned through planning, effort and a strong belief in one's goals and dreams. Brandon Ruiz, Grappling World Champion, offers all of us a chance to learn how to become champions in everything we do. World class athlete, coach, speaker and author Brandon Ruiz shares his insights and proven principles for success. Read this book and discover what becoming a Champion is really all about! "Brandon Ruiz is a class act on and off the mat. He has done so much as an athlete and now he is giving back to others in a great way." Mark Schultz, World & Olympic Champion Freestyle Wrestling "Brandon Ruiz is a true champion who overcame many obstacles to become both a world champion grappler and champion in life. He has shown a great path for others to follow, and I'm very proud to call him my friend." Sheldon Marr, Martial Arts Hall of Fame, 8xUSA Grappling World Team Coach "Brandon has an incredible story and can help anyone become a champion in sport, business or life." Matt Lindland, Head Coach USA Greco Roman Wrestling, Greco Roman Wrestling World and Olympic Medalist, UFC Veteran "I had the privilege of training with and competing against Brandon in Greco Roman Wrestling. His ideas, skill and work ethic are world class. I recommend this book for everyone trying to get the most out of themselves. Brandon helped me get to the Olympics in Wrestling and now this book is helping me get to the Olympics in life." Ari Taub, 2008 Olympian for Canada, 2007 Pan Am Games medalist, Lawyer, CEO of Hard Knocks Fighting, Husband and father of 4 kids "Practical Instruction Book, great job Brandon. Brandon Ruiz provides some great tools and insight on how you can get the most out of yourself. His strategies for preparation and mental training will inspire you to reach the top of your potential." Tim Vanni, 2x Olympian Freestyle Wrestling, 15 Year National Member, 32 Years Coaching High School and College

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