

Tantric Massage: Tantric Massage for Beginners, Tantra Massage (Lingam, Yoni, Sensual Massage, Tantric Massage, Tantra Massage, Sex Positions, Kama Sutra, Kama Sutra for Beginners, Tantra Book)

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BONUS FREE CHAPTERS : Kama Sutra, The Modern Guide to Kama Sutra

The world of **tantric lovemaking** is a mysterious and exciting one. We've all likely heard of tantra when it comes to massage and sex, usually from an adventurous friend, but so few of us know what **tantric lovemaking** is and what it could do for our relationships.

Tantra as it is known to us in the modern world of lovemaking has its roots in ancient Hindu tradition. The concept behind it is to make the spiritual physical and to make the divine into the everyday. Here these principles are used to allow lovers to take control of their passions and bodies to better connect to their partner and to have intimacy that is longer, more intense, and more loving.

Feel that your love life has been stuck in a rut? Want to make love for longer and have the full-bodied orgasms that always just felt out-of-reach? Tantra lovemaking will help you experiment in the bedroom in a way that is in tune to your personal needs and desires.

With easy to follow and jargon-free guidance you will be taught the philosophy of tantric lovemaking, how it has entered the western world, and how it can be folded into our own relationship. You will be taught breathing and meditative exercises that let you have a new control over you mind, feelings, emotion and body.

You will learn how to control your sexual energy to direct it where you choose and to use it to compliment your partner's own **sexual energy**. Discover every contour of your body, how your own sexual needs manifest, and how to fill your own desires while giving your partner maximum pleasure.

Tantric massage and sex can seem like a lavish goal that will take years of training and self-discipline. The truth is that with the tools given in this book you will see an immediate increase in the amount of sex you have and how much intense it is. You can then use these basic tools to help you grow as lovers and as a partnership.

Tantric lovemaking can be used not only for prolonged and mind-blowing tantric sex or **tantric massage**, but it can also be used to bring you and your partner closer together. Bring back the closeness, love and spark to your everyday life. Discover how to communicate more openly about your fantasies and insecurities, and how to communicate with your body to understand your partner on a new level.

You will become more aware of the beauty of your partner, what makes them tick, and what truly gets them off. Tantric lovemaking can also be used to improve body image, to close a rift, or to heal past hurts.

Once you have learned how to use **tantra** to control your body, breath and mind you will taught how to use these principles to better pleasure yourself and your partner. You will then be given a tantric massage guide that is suitable for complete beginners. It is a guide to **tantric massage for couples**, which tells you how to use tantra to give each other an erotic massage you will never forget.

After the massage you will be taken into the world of **tantric sex:** how to introduce it during foreplay, how to increase intimacy and closeness, and how to prolong sex so it lasts for hours. Principles from **Kama Sutra** will be introduced to ensure that the sex positions you use create the most pleasure for each lover.

Learn how both men and women can become multi-orgasmic, discover which **sex positions** work for both partners, and see how to use tantric massage for couples during your lovemaking to make sex into an all-consuming experience which can be used to relax deeper than you have and see the world in a whole new way.

The world of **tantric lovemaking** is yours to explore and to allow you to discover the kind of intimacy and passion you thought was only to be found in erotic fiction.

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