



# The Wisdom Collection: Quotes and Commentary to Cultivate Self-Knowledge

*Lissa Coffey*

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Quotes are echoes from the past, succinct summaries of lessons to remember, and contemplate. They provide us with glimpses of times gone by, and they carry forward knowledge that can influence our days yet to come. Each quote in this vast collection is a bite-sized chunk of wisdom, something we can learn from, and use in our own lives. Lissa Coffey has compiled a unique variety of sayings from a myriad of minds throughout history and cultures. Her commentary further provokes thought and deepens our understanding about these timeless topics. Words carry weight, and quotes are a quiet legacy of those people who have traveled this road before us. Use this book as a reference to guide you through the experiences of life. Take these gifts, offered with love; savor the importance of the words, and let them nourish your soul. "Lissa Coffey has inspired a book that will delight you for hours, days and years. Timeless wisdom and Lissa's insight of the quotes themselves give rise to a deeper awareness of self. Explore a different quote each day and use it as a mirror, you will be surprised and speechless at the reflection you reveal within." ~ Patti Conklin, Author: *God Within: The Day God's Train Stopped* "I absolutely love "The Wisdom Collection" because, in it, Lissa Coffey offers us exactly that--the collective wisdom of the ages... categorized, summarized, and exquisitely articulated by a current day master teacher in her own words. This book is so powerful because it offers tasty tidbits of universal wisdom that can easily be personalized and used as a daily mindfulness practice. Read this book because it will point you to the way home--within--where the true authentic Self you came here to be awaits your arrival." ~ Dennis Merritt Jones, Award winning author: *The Art of Uncertainty - How to Live in the Mystery of Life and Love It*, and, *Your (Re)Defining Moments - Becoming Who You Were Born to Be*

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