

# Emotion-Motion Life Hacks: How You Can Enjoy Transforming Your Work and Life for More Success and Happiness

Tom Marcoux



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#### **Emotion-Motion Life Hacks: How You Can Enjoy Transforming Your Work and Life for More Success and Happiness** Tom Marcoux

You want more and better in your life, right? More Success. More opportunities. Better relationships. More happy moments—yes? Use this book to empower yourself to shift to your stronger self through Emotion-Motion Life Hacks. A Life Hack is a technique that increases your productivity and efficiency. As an Executive Coach, author Tom Marcoux helps his clients take their lives to higher levels of success and happiness. He has helped clients prepare for auditions/interviews/speeches, build a brand, take a blog from zero to visitors from 173 countries, write a first book, start a business, lead a team, and more. With this book, you will experience this powerful process: Insight—>Intuition—>Action. You will enjoy extraordinary progress. You Will Learn to: Remove blocks to Your Financial Abundance \* Overcome Procrastination \* Achieve Your Dreams \* Experience Inner Peace in a Moment. "Use this book's secrets so you get more done and feel better doing it. Hiring Tom Marcoux as my coach is one of the best things I have done for my career. Get this book!" – Dr. JoAnn Dahlkoetter, coach to CEOs and Olympic Gold Medalists and author of Your Performing Edge

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