



**Meal Planner: Weekly Menu Planner with  
Grocery List [ Softback \* Large (8" x 10") \* 52  
Spacious Records & more \* Purple Polka Dots ]  
(Food Planners)**

*smART bookx*

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# Meal Planner: Weekly Menu Planner with Grocery List [ Softback \* Large (8" x 10") \* 52 Spacious Records & more \* Purple Polka Dots ] (Food Planners)

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**Softback blank Meal Planner book with a spacious two page spread for each of 52 weeks [\$5.50 / £3.99]**

## **INTERIOR:**

(To view click on Look Inside and scroll past the initial Title Page)

- Each log provides **the facility to total anything**, cost or calories, but the shading for this is intentionally subtle so you can easily ignore it and just write a meal title over the top if desired.
- There's a **shopping list** with each week so you can take it to the store and see at a glance what you need.
- A **Notes section** for each week allows extra space to record e.g. special celebrations, additional guests or comments on what worked and what didn't.
- **At the back, a double page tracker chart** allows you to compare any values across three different stores or brands; again it could be cost, calories or anything else. There's also a page at the back to jot down your **regular fallback meals** just the once, so if you're tracking totals or ingredients you don't have to keep rewriting the same lists. (There's also a general Notes page at the back too.)
- **Thick white acid-free paper** minimizes ink bleed-through.

## **EXTERIOR:**

**Cover:** Tough matte paperback.

**Binding:** Secure professional trade paperback binding, i.e. it's built to last; pages won't fall out after a few months of use.

**Dimensions:** 20.3 x 25.4 cm (8" x 10"). (Almost the same width as A4 but a few cm shorter in height – so just that bit easier to fit into a shopping bag!)

**SIMILAR PRODUCTS:** smART bookx publish several Meal Planners. Each has the same interior but there are cover designs to suit all tastes. To take a look search on 'meal' & 'bookx'.

Thanks for looking,

*The smART bookx design team*

## **Buy With Confidence Because Our Customers Love Our Stationery:**

**\*\*\*\*\*** *Gorgeous Notebook ... I am very pleased with this purchase. The picture on the cover is lovely and the paper inside takes the pen beautifully ... ideal for jotting down ideas and shopping lists. I would buy this brand again.* (30 Jun 2014)

**\*\*\*\*\*** *Very Nice ... Beautiful. My daughter loved them!!!* (August 17, 2014)

**\*\*\*\*\*** *Love the Van Gogh Notebook ... Loved it, keep it in my purse incase of creative impulses.* (November 8, 2013)

**\*\*\*\*** *Beautiful Book ... Awesome pictures on front and back ... It will be a nice journal* (December 31, 2013)

**\*\*\*\*\*** *Five Stars ... Great artwork, perfect size.* (August 16, 2014)

**\*\*\*\*\*** *Really Pretty Notebook ... My mom loved it ... Going to get The Best Dad in the World one for my dad at Christmas ... highly recommend.* (July 1, 2014)

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**From reader reviews:**

**Jonas Jones:**

Here thing why this Meal Planner: Weekly Menu Planner with Grocery List [ Softback \* Large (8" x 10") \* 52 Spacious Records & more \* Purple Polka Dots ] (Food Planners) are different and trusted to be yours. First of all examining a book is good however it depends in the content of the usb ports which is the content is as scrumptious as food or not. Meal Planner: Weekly Menu Planner with Grocery List [ Softback \* Large (8" x 10") \* 52 Spacious Records & more \* Purple Polka Dots ] (Food Planners) giving you information deeper including different ways, you can find any e-book out there but there is no publication that similar with Meal Planner: Weekly Menu Planner with Grocery List [ Softback \* Large (8" x 10") \* 52 Spacious Records & more \* Purple Polka Dots ] (Food Planners). It gives you thrill examining journey, its open up your personal eyes about the thing this happened in the world which is might be can be happened around you. It is possible to bring everywhere like in recreation area, café, or even in your means home by train. In case you are having difficulties in bringing the printed book maybe the form of Meal Planner: Weekly Menu Planner with Grocery List [ Softback \* Large (8" x 10") \* 52 Spacious Records & more \* Purple Polka Dots ] (Food Planners) in e-book can be your substitute.

**Bobbie Burke:**

Nowadays reading books become more and more than want or need but also get a life style. This reading addiction give you lot of advantages. Advantages you got of course the knowledge the actual information inside the book that improve your knowledge and information. The data you get based on what kind of publication you read, if you want have more knowledge just go with schooling books but if you want experience happy read one along with theme for entertaining for instance comic or novel. The Meal Planner: Weekly Menu Planner with Grocery List [ Softback \* Large (8" x 10") \* 52 Spacious Records & more \* Purple Polka Dots ] (Food Planners) is kind of e-book which is giving the reader erratic experience.

**Edwin Ball:**

The publication with title Meal Planner: Weekly Menu Planner with Grocery List [ Softback \* Large (8" x 10") \* 52 Spacious Records & more \* Purple Polka Dots ] (Food Planners) contains a lot of information that you can understand it. You can get a lot of gain after read this book. This kind of book exist new know-how the information that exist in this book represented the condition of the world right now. That is important to yo7u to be aware of how the improvement of the world. That book will bring you throughout new era of the globalization. You can read the e-book on the smart phone, so you can read the idea anywhere you want.

**Rosa Felton:**

A lot of people always spent their own free time to vacation or even go to the outside with them friends and family or their friend. Did you know? Many a lot of people spent they free time just watching TV, or even playing video games all day long. If you wish to try to find a new activity honestly, that is look different you

can read a new book. It is really fun for you personally. If you enjoy the book which you read you can spend 24 hours a day to reading a review. The book Meal Planner: Weekly Menu Planner with Grocery List [ Softback \* Large (8" x 10") \* 52 Spacious Records & more \* Purple Polka Dots ] (Food Planners) it is extremely good to read. There are a lot of those who recommended this book. These people were enjoying reading this book. In the event you did not have enough space to bring this book you can buy the actual e-book. You can more effortlessly to read this book from a smart phone. The price is not too high but this book offers high quality.

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