



# Don't Give In, Up or Out: A Woman's Planner for Divorce

*Teresa Elder Stohs, Karen Elder Hurst*

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Don't Give In, Up or Out: A Woman's Planner for Divorce helps women in the throes of divorce create a plan to gain control of their emotions, make informed decisions and end up with a divorce agreement that protects the best interests of themselves and their children. Written in a conversational tone, the book explores the differences between men and women and becomes a mantra of Don't give in, up or out, beginning in Chapter One with I just want to get this over with now! If you've ever said or thought those words this book is for you. Readers immediately identify with Jody or Susan or Terri or one of the more than a dozen women whose tales of divorce are highlighted throughout the book. These stories help portray the complexities of divorce and provide both mistakes to avoid and reasons for hope. Don't let the chatty asides fool you, this book provides pragmatic advice from a comprehensive guide to selecting an attorney and a financial advisor to the importance of record keeping. Forms and checklists help keep the reader organized as the critical role documentation plays in divorce is explained. Those who are organizationally challenged will welcome the explicit process of information gathering outlined in the book. Not only are lists of needed documents provided, but the reasons you need them are illustrated. The book is designed to meet a woman's needs no matter where she is in the divorce process. Just thinking about divorce? Read the whole book. Headed for divorce and realize you need some support? Start with Chapter Three: Assembling the A-Team. In the midst of a custody battle? Go straight for Chapter Seven: Preparing for Child Custody. Boxes on most pages provide interesting tidbits and little known information about divorce from internet visitation to special concerns for military families. While the book focuses on Don't give in, up or out, the authors realize there truly are some things you should give in, up or out on and there's a chapter to address those. Now's not the time to hang on to petty demands, clinging to every piece of furniture in the house, or refusing to let your dream of the perfect family go. Written from the voice of experience (both authors are divorced) with humor, brevity and soul, Don't Give In, Up or Out: A Woman's Planner for Divorce provides women a much-needed, easy to read, straight forward guide for divorce. It will empower women to take charge of their own lives, escape an emotional spiral and channel their decision making based on sound future thinking.

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