



Shadow Strategies of an American Ninja Master

Glenn Morris

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Glenn Morris examines the fabulous Togakure Ryu in ninth century Japan and moves to present day applications of the ancient skills the stealthy ninja must apply to living in the modern world. Mr. Morris' fans will not be disappointed with the riches offered here: secrets of balance and alignment; seeing with the minds and eyes of gods and spirits; energy applications of qi for healing, warfare and sexual fulfillment; the care and feeding of Bujin, protective spirits; and cross-cultural comparisons of shamans, saints and masters of Budo and Bugei.

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