



# EXPLORER'S MIND: A Map To Freedom

*Carolyn Bucey Eberle*

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## **EXPLORER'S MIND: A Map To Freedom** Carolyn Bucey Eberle

Learn the next evolution of therapy and trauma work in this integrated holistic mind, energy, body, spirit workbook so you prevent re-wounding of clients and self. Learn to transform pain to power! It bridges the worlds of energy healers, holistic practitioners, body-centered psychotherapists and neurobiology into one profound system of change.

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