



# **STROKE of Insight: Thoughts from One Survivor to Another**

*Jeff Kagan*

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## **STROKE of Insight: Thoughts from One Survivor to Another** Jeff Kagan

During his recovery from stroke, Jeff Kagan and his family had so many questions. They searched for answers, but found few.

Now after eight years of recovery Jeff Kagan has written a book with the questions and the answers he was searching for to help you.

He wrote this book to help you understand your world of stroke, and the journey ahead.

This is that book.

STROKE of Insight is written from one stroke survivor to another, and for family and friends. It is full of laughter and tears, ups and downs, and the important lessons learned and the questions answered through the long battle toward recovery.

Update from Life After Stroke.

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