



MINI FARMING : SUSTAINABILITY WITH A BACKYARD FARM (Self Sufficiency Living Book

1)

Rodger Kinnard

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Sustaining your family the healthy way: Organic farming in a small space!

In today's economy, there are ways not only to save money, but to create healthy eating choices, by using whatever space you have available to grow your own food. Organic gardening is booming. Even with a backyard, you can prepare, plant, nurture and harvest a natural garden which will produce organic vegetables and fruit; so much better than buying from the store! The book explores egg and meat sources too, and offers suggestions to use vertical as well as horizontal gardens in the process.

With helpful instructions, plans and guidance for obtaining permits, building coops, and other structures, the book will help you also deal with garden enemies such as grubs, insects, and disease.

Creating a sustainable life for your family can be a pleasure for all of the family. These gardening ideas not only help you to create your own mini-farm, but can be fun for all the family too! Activity levels increase and you'll experience a deeper interaction with nature, as well as knowing the source of your own food! The results just speak for themselves.

I have tried to make this book as detailed as possible to help you get started with organic life style. Here is some of what you will learn inside the book:

- * The planning stages in order to start a Mini Farm
 - * **What are different types of Gardens that you can start setting up?**
 - * Maintaining your garden and pest control measures
 - * **Sourcing of eggs and white meat; different options explained**
 - * Self-preservation and then a year in life
- Everything else you would need to know before starting your Mini Farm.**

Overall experience of growing your own organic food is wonderful not only just for your health but also for your brain. You wouldn't need your gym membership if you start your farm workout. You can trust me on that.

"Whatever you can do, or dream you can, begin it. Boldness has genius, power and magic in it." - Johann Wolfgang von Goethe

Scroll up and download the book to get started on your journey towards organic living!

Best.

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pleased when you are finished examining it, like winning an activity. Do you want to try this extraordinary spending spare time activity?

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