



# Introduction to Jungian Psychotherapy: The Therapeutic Relationship

*David Sedgwick*

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## **Introduction to Jungian Psychotherapy: The Therapeutic Relationship** David Sedgwick

The unique relationship between patient and therapist is the main healing factor in psychotherapy. This book explains the Jungian approach to the therapeutic relationship and the treatment process. David Sedgwick outlines a modern Jungian approach to psychotherapy. He introduces, considers and criticizes key aspects of Jungian and other theoretical perspectives, synthesizing approaches and ideas from across the therapeutic spectrum. Written in an accessible style and illustrated with numerous examples, this mediation on therapy and the therapeutic relationship will be invaluable to students and practitioners of both Jungian and non-Jungian therapy.

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