



# H2H: Hand to Hand Combat - Modern Army Combatives

*Greg Thompson, Kid Peligro*

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One of the highest-ranking instructors for the U.S. Army and Special Forces demonstrates the critical skills of hand-to-hand combat in this training manual. When troops on the modern battlefield are forced to fight without weapons, they fall back on many of the expert techniques made accessible here for martial art students of all levels. Modern clinching, effective striking, and grappling techniques are detailed, along with weapon takeaway strategies and defenses against opponents with knives. The step-by-step photos and thoroughly detailed movements are intended not only to train combat troops but also to empower citizens to protect themselves in dangerous situations.

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